

# Merry Christmas

*Wishing you love, peace, and happiness during this festive season!*

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**Are you still registered OR are you practising without a valid registration?**



REMEMBER: It is against the law to practise without valid registration.  
Call or email us for any enquiries!



## AHP Educational Meetings for Mahé and Inner Islands

Contributed by: Mr. Christopher Barallon, Head of E&PR (HPC24/1006)

The Health Professionals Council (HPC) hosted a series of Educational Meetings for Allied Health Professionals (AHPs) on Mahé and Praslin under the theme "The Three Shifts in Healthcare." The Mahé Educational Meeting was held on 7th November 2025 at the STC Conference Room, followed by the Inner Islands meeting on 14th November 2025 at Hotel Le Duc, Praslin. These engagements provided a platform for health professionals to reflect on emerging shifts in healthcare delivery and to share experiences, challenges, and practical solutions relevant to the Seychelles context.

The discussions centred on three key shifts shaping modern healthcare. The first, the shift from hospital-based care to community-centred services, highlighted the need for stronger coordination and continuity of care across services. Participants emphasized the importance of effective communication, particularly through improved discharge summaries and referral processes, to ensure patients are adequately supported once they return to the community. The role of AHPs across the full patient care journey was strongly reinforced, with a shared recognition that collaborative practice is essential to achieving optimal patient outcomes.

The second shift focused on the transition from treatment to prevention. Across both meetings, participants expressed a strong commitment to strengthening preventive care, while acknowledging challenges such as manpower constraints, limited resources, and patient engagement. Discussions underscored the importance of advocacy, education, and empowerment, as well as the need to better consider social determinants of health in policy development and service planning. Collaboration across sectors was identified as a key enabler in improving access to preventive services at community and district levels.

The final shift explored the move from analogue to digital systems, generating active and practical discussions. Participants highlighted the need for ongoing training and greater familiarity with digital platforms to enhance efficiency and service delivery. Challenges related to digital implementation were openly discussed, alongside opportunities for improved collaboration. Practical examples of digital integration between services demonstrated how technology can support more coordinated, patient-centred care.

Together, the Mahé and Inner Islands meetings reinforced the importance of collaboration, adaptability, and shared responsibility in responding to the changing healthcare landscape. By bringing professionals from diverse disciplines and settings into one dialogue, the series strengthened collective understanding of the three shifts and their practical implications. The discussions and recommendations generated during these meetings will inform ongoing efforts to enhance patient-centred, preventive, and digitally enabled healthcare services across Seychelles.

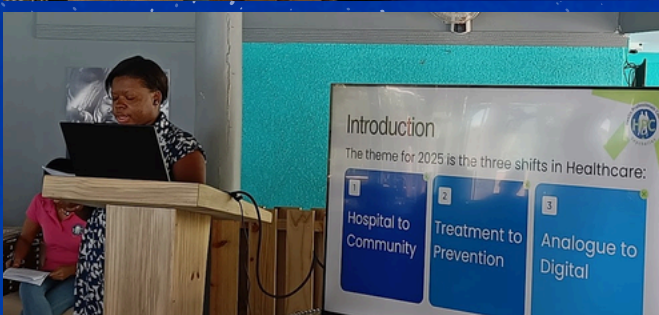


# RECENT EVENTS

## AHP Educational Meeting, Mahé (7th November)



AHP Educational Meeting, Inner Islands (14th November)



# RECENT EVENTS

## HPC End-of-Year Reflection 2025: A Year of Consolidation, Commitment, and Collective Progress

Contributed by: Mr. Morison Julie, Vice-Chair (HPC14/0027)

On Thursday, 18th December 2025, the Health Professionals Council (HPC) held its final session of the year, a moment of reflection, accountability, and renewed purpose. This closing meeting brought together Council members and the Secretariat to review the year's achievements, evaluate ongoing work, and align our final actions with the mandate entrusted to us for the period February 2025 to January 2027.

The session opened with remarks by **Mrs. Melina Amedee**, our Information Officer, who provided clarity on her mandate and the Council's relationship with the Information Commission. Her presentation reinforced the importance of transparency, responsible communication, and the Council's duty to uphold public trust through accurate and timely information sharing.

### A Year Defined by Purpose and Professionalism

Guided by the leadership of **Chairperson Mrs. Marie Antoine Bethew**, the Council navigated a dynamic year marked by operational demands, strategic planning, and strengthened regulatory oversight. With 13 appointed members, 10 elected and 3 nominated by the Minister, the Council continued to uphold its vision:

*To be the recognized, independent, and supreme authority regulating and monitoring the practices of all Allied Health Professionals for ensuring public protection.*

Throughout 2025, the Council remained committed to its mission of ensuring that all Allied Health Professionals are competent, ethical, and aligned with the highest professional standards.

## Key Highlights from March to December 2025

### 1. Strengthening Governance and Operations

- Regular board meetings and sub-committee sessions ensured continuity of work.
- Council members maintained a strong presence, with weekly visits to support administrative and regulatory functions.
- The Council processed first-time registrations, renewals, re-registrations, and file reviews with diligence and consistency.



### 2. Strategic Planning: Evidence-Driven and Forward-Looking

A major agenda item during the final session was the progress update from the various teams working on the Strategic Plan Review.

Each team delivered a concise presentation summarizing:

- Findings collected from diverse stakeholders
- Analysis of current and emerging needs within the Allied Health landscape
- Assessment of which former strategic goals should be sustained
- Identification of potential new strategic intents and strategic goals for 2026–2030



This collaborative effort reflects the Council's commitment to grounding its future direction in real data, sector realities, and the voices of practitioners and partners.

### 3. Financial Stewardship

Major expenses were transparently presented, reflecting prudent use of resources for training, meetings, capacity building, and operational needs. Investments in technology and office improvements supported smoother service delivery.



## HPC End-of-Year Reflection 2025: A Year of Consolidation, Commitment, and Collective Progress

Contributed by: Mr. Morison Julie, Vice-Chair (HPC14/0027)

### 4. Financial Outlook and Ministerial Engagement

The Vice-Chairperson provided a brief but encouraging update from the recent meeting with the Minister regarding the Council's budget.

The Council is optimistic about receiving funding for three key proposals:

- A full-time Registrar, strengthening regulatory efficiency
- Contractual monitoring visits, ensuring consistent oversight across all islands
- Continuous participation in AMCOA, the annual international conference uniting doctors, nurses, and Allied Health Professionals across Africa and beyond

These investments signal strong governmental support for the Council's expanding mandate and the professional growth of AHPs.



### 5. Professional Development and Capacity Building

2025 saw significant investment in strengthening the competencies of both council members and AHPs:

- **Welcome Aboard Induction**
- **AHP Week Educational Meetings** on Mahé and Praslin
- **Mindset and professional development sessions**
- **Capacity building with Mrs. Josephine**, former AMCOA Registrar
- **Exchange visit to MIOT India**
- **AMCOA Uganda participation**
- **WCEA platform launch**



### 6. Visibility and Stakeholder Engagement

The Council expanded its visibility through:

- Participation in the ICCS Exhibition
- Engagements with HR Officers
- Sessions at NIHSS
- Regular newsletter publications
- CPD collaborations and strategic plan meetings



### Looking Ahead: Priorities for 2026

As the Council transitions into the new year, several key areas remain in progress:

- Finalisation of the **Strategic Plan 2026–2030**
- Reinforcement of **monitoring visits**
- Strengthening processes related to **Certificates of Character**
- Updates to the **HPC Act and Schedule**
- Completion of **SOPs** and outdated manuals
- Finalisation of the **Qualifications Regulation Framework**

These priorities reflect the Council's ongoing commitment to regulatory excellence and public protection.

### A Collective Effort Worth Celebrating

The end-of-year session was not just a review; it was a celebration of teamwork, resilience, and shared purpose. Every member, from administrative staff to council leadership, contributed to a year of meaningful progress.

As we close 2025, the HPC extends its appreciation to all Allied Health Professionals, partners, and stakeholders who continue to support our mission. Together, we look forward to a stronger, more responsive, and more empowered Council in 2026.

**Thank you for your dedication, your professionalism, and your unwavering commitment to public protection.**

# RECENT EVENTS

## HPC End-of-Year Reflection 2025: A Year of Consolidation, Commitment, and Collective Progress

Contributed by: Mr. Morison Julie, Vice-Chair (HPC14/0027)





## Drug Quality Control Laboratory (DCQL)

Contributed by: Ms. Dhanalakshmi Sasikumar, Pharmaceutical Chemist (HPCi4/0207)

### ABOUT US

#### 2021

DQCL WAS ACCREDITED BY SOUTHERN AFRICAN DEVELOPMENT COMMUNITY ACCREDITATION SERVICES (SADCAS), IN ACCORDANCE WITH ISO 17025:2017 STANDARD FOR TESTING LABORATORIES

ACCREDITED TECHNIQUES: HPLC, UV-VIS, UNIFORMITY OF WEIGHT, UNIFORMITY OF CONTENT, DISINTEGRATION, DISSOLUTION AND pH

#### 2025

SADCAS ANNOUNCED THE SUCCESSFUL PASSING OF THE 5TH YEAR ANNUAL ASSESSMENT AND RENEWAL TO THE 2ND CYCLE OF ACCREDITATION

ALL OUR ANALYSTS ARE QUALIFIED AS TECHNICAL SIGNATORIES



### WHAT WE DO

CONDUCT ROUTINE TESTING OF HAEMODIALYSIS SOLUTIONS USED FOR DIALYSIS PATIENTS AT AMSA RENAL CARE

ENSURE **QUALITY, EFFICACY AND SAFETY** OF MEDICINES THROUGH REGULAR TESTING AND SUPPORT THE MINISTRY OF HEALTH IN SELECTING AFFORDABLE, QUALITY MEDICINES

ASSIST THE MEDICINE PROCUREMENT UNIT IN **PRE-QUALIFICATION OF SUPPLIERS/ MANUFACTURERS**

QUALITY TESTING OF MEDICINES DURING **PRE-MARKETING AND POST-MARKETING SURVEILLANCE**

EVALUATE THE QUALITY OF MEDICINES BY **CHECKING THE COAs** SUBMITTED BY THE SUPPLIERS/ MANUFACTURERS

CONDUCT **SPECIALIZED TESTING** ON BEHALF OF OTHER AGENCIES, UPON REQUEST

TEST ALL **LOCALLY MANUFACTURED MEDICINES** AT PHARMACEUTICAL PRODUCTION UNIT (PPU) BEFORE DISPATCH



\* COA: CERTIFICATE OF ANALYSIS

ASSIST THE MEDICINE REGULATORY UNIT (MRU) IN ASSESSING THE QUALITY OF **HAND SANITIZERS** BY EVALUATING THEIR COAs

### OUR EQUIPMENT AND TECHNIQUES



HIGH PERFORMANCE LIQUID CHROMATOGRAPHY (HPLC)

PREDICTS **BIOAVAILABILITY** OF MEDICATIONS - HOW MUCH AND HOW QUICKLY WILL THEY BE ABSORBED BY THE BODY

ENSURES THAT PATIENTS RECEIVE A **CONSISTENT AND EFFECTIVE DOSE** OF MEDICATION EVERY TIME



DISSOLUTION TESTER

\* UV-VIS: ULTRAVIOLET-VISIBLE

\* API: ACTIVE PHARMACEUTICAL INGREDIENTS

IDENTIFICATION OF APIs

QUANTIFIES **CONCENTRATION AND PURITY** OF APIs

CONFIRMS **IDENTITY, QUANTITY AND PURITY** OF APIs IN MEDICINES

DETECTS IMPURITIES



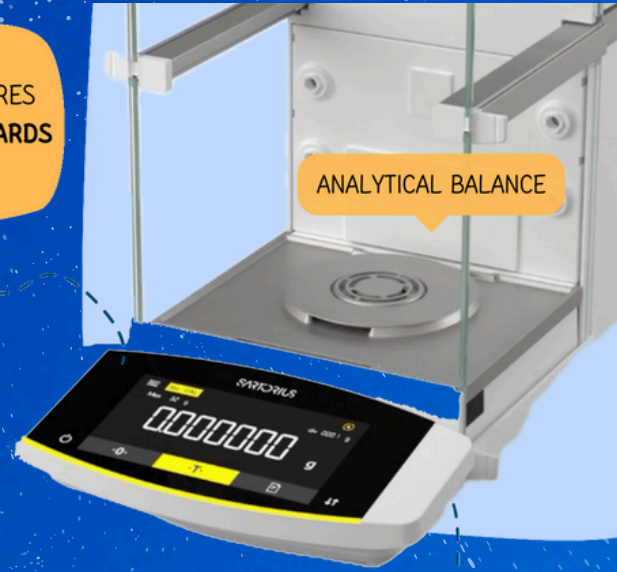
UV-VIS SPECTROPHOTOMETER

# COMMUNITY INSIGHTS



pH METER

PRECISELY MEASURES REFERENCE STANDARDS FOR ANALYSIS



ANALYTICAL BALANCE

ACCURATELY MEASURES THE ACIDITY OR ALKALINITY OF SOLUTIONS

HELPS DETERMINE UNIFORMITY OF WEIGHT FOR TABLETS/ CAPSULES

ENSURES MEDICINES HAVE CONSISTENT pH LEVELS THAT ADHERE TO REGULATORY REQUIREMENTS

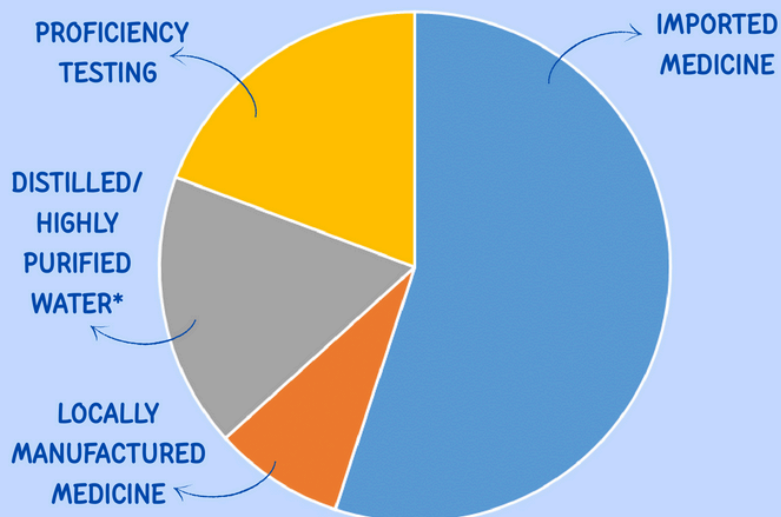


DISINTEGRATION TESTER

MEASURES TIME TAKEN FOR TABLETS/ CAPSULES TO **BREAK DOWN** IN A LIQUID MEDIUM

SIMULATES THE HUMAN BODY'S CONDITIONS

## Q TYPES OF SAMPLES ANALYZED BY DQCL IN 2024 X



\* WATER USED IN MEDICINE PRODUCTION/ ANALYSIS



# ACCREDITATION ACHIEVEMENT



## CERTIFICATE OF ACCREDITATION

**DRUG QUALITY CONTROL LABORATORY, SEYCHELLES**  
*Ministry of Health, Health Care Agency Act, 2013*

Facility Accreditation Number: PHAR 002

is a SADCAS accredited Testing Laboratory provided that all SADCAS conditions are complied with

This certificate is valid as per the scope stated in the accompanying schedule of accreditation, Annexure "A", bearing the above accreditation number for

### PHARMACEUTICAL PRODUCTS (Chemical Analysis)

*The facility is accredited in accordance with the recognized International Standard*

**ISO/IEC 17025:2017**

*The accreditation demonstrates technical competency for a defined scope and the operation of a laboratory quality management system*

*SADCAS is a subsidiary organization of SADC. A memorandum of understanding between SADC and SADCAS serves as the basis for the recognition of SADCAS by SADC Member States as a multi-economy accreditation body*

Eve Christine Gadhikwa  
SADCAS Chief Executive Officer

Date of Renewal of Accreditation: 30 October 2025  
Effective Date (Issue No: 1): 31 March 2026  
Certificate Expires: 30 March 2031



## ANNEXURE A

### SCHEDULE OF ACCREDITATION

#### PHARMACEUTICAL PRODUCTS (Chemical Analysis)

Laboratory Accreditation Number: PHAR 002 (ISO/IEC 17025:2017)

<b>Permanent Address of Laboratory</b> Drug Quality Control Laboratory English River Mahe Seychelles	<b>Technical Signatories</b> : Ms D Sasikumar (All methods) Ms L Zialor (All methods) Ms S Labiche (All methods) Mr T Albert (All methods) Ms S Ramesh (All methods)	
<b>Postal Address</b> P O Box 52 Mahe Seychelles	<b>Nominated Representative</b> : Ms D Sasikumar	
<b>Tel</b> : +248 438 8586 <b>Cell</b> : +248 271 4723 <b>Email</b> : Dhana.Sasikumar@health.gov.sc	<b>Issue No</b> : 01 <b>Date of Issue</b> : 31 March 2026 <b>Expiry Date</b> : 30 March 2031	
MATERIALS/PRODUCTS TESTED	TYPES OF TESTS/PROPERTIES MEASURED, RANGE OF MEASUREMENT	STANDARD SPECIFICATIONS, EQUIPMENT/TECHNIQUES USED
Pharmaceutical Products	HPLC Techniques - Identification - Dissolution - Uniformity of content - Assay  UV-VIS Spectrophotometry - Identification - Dissolution - Uniformity of content - Assay  Disintegration Testing  Determination of pH  Uniformity of Weight	United States Pharmacopoeia British Pharmacopoeia Indian Pharmacopoeia  United States Pharmacopoeia British Pharmacopoeia Indian Pharmacopoeia  United States Pharmacopoeia British Pharmacopoeia Indian Pharmacopoeia  United States Pharmacopoeia British Pharmacopoeia Indian Pharmacopoeia  British Pharmacopoeia Indian Pharmacopoeia

Original date of accreditation: 31 March 2021

Page 1 of 1

Pinkie J Malebe  
SADCAS Technical Manager

## DQCL STAFF



# COMMUNITY INSIGHTS

## National Psychology Week, 10th–16th November 2025

Contributed by: Ms. Rasheeda Uranie, Provisional Psychologist (HPC25/1053)

Mrs. Marie-Antoine Bethew, Chairperson (HPC15/0393)

National Psychology Week 2025 celebrated the theme “Celebrating the Impact of Psychology in Our Communities,” highlighting the important role psychology plays in supporting individual and societal wellbeing. A key event was the second Psychology Workshop held on 12 November 2025 at the University of Seychelles. The workshop featured opening remarks from university and mental health representatives, a keynote reflection on professional development and community engagement, and presentations showcasing psychology in clinical practice, education, child advocacy, and social services.

Lightning talks highlighted practical community-based projects, while an afternoon panel focused on workforce development, practitioner wellbeing, ethics, and training. The event concluded with collective reflections that emphasized collaboration, sustainability, and forward-looking strategies. The week reinforced the vital role psychologists, as Allied Health Professionals in Seychelles, play in strengthening communities, while also acknowledging the importance of supporting the mental health and wellbeing of professionals themselves.

The week also included a “Cakes and Conversation” bake sale on 17th November, which created an informal space for mental health dialogue and raised funds to support future initiatives for children.





## 'Batiman Miltikouler'

Contributed by: Mrs. Cynthia Low-Fock, Head of E&T (HPC14/0127)

A poem dedicated to the NIHSS Building and its 75 years of history, whereby most Allied Health Professionals came to be trained:

An 1950...menm larenn Elizabeth pa ti ankor vin larenn  
Sa zoli batiman ti apel Nurse's Home... Arr.. menm si mon pa ti la, ou tia war bann pti  
ners dan zot zoli liniform blan avek zot pti kap blan pe galoupe an desandan pou al get  
zot klian.

Aprè enn de lannen, i ti abiye e vin lekòl ners.. Selman i ti vantar malgre mers sa bann pti  
ners.

Beeee.... Vantardri pa ti fini la, anba direksyon politeknik sesel an 1983, I ti dezabiye e  
met en lot zoli rob dekore avek riban plis kouler profesyon ministere lasante.

Mon manman pa ti kapab gete.....hummmm

Zot... be zot tia war li konman I ti sante

Selman I ti danse pou akeyir sa bann nuvo profesyon lebra ouver  
I ti konnen ki ministere lasante ti depan bokou lo li..

B mwan.... Kot zot met mwan.... Granzar mon ti granzar  
akoz zot kwar...

B... monn lekòl la mwan, la ki monn aprann tir ledan..

Pa fini la.... 2002 I ti deborder avek lazwa ler I ti batize pou vin lekòl lasante e letid  
sosyal. I ti riye tou son 32 deor.

Menm si I ti pe rann sa bon servis, laz ti antrè

Dousman Dousman i ti konmans veyir parey nou menm...

I ti nepli kapab pran nou dan son lebra

Sagren I ti sagren..

Grennen I ti konmans grennen

Malerezman, parey zanfan I kit zot lakour, nou osi ti bezwen kit li an 2011

Pandan sa letan, letan ti abim li

Son sapo ti anvole, son lekor ti ekspoze

Pov li

Me malgre tu sala, avek son foundasyon byen for, in debout for

Dezisyon ti ganny pran pou reabir li e remet li lo catwalk

Ozordi, son rob in vin pli gonfle

Sa volan anplis I fer li pli ronfle

Zot... in menm met sunglass nwar

2025, I debout byen for pare pou sa 25an devan li

Byento, nou pou war sa mammzel in abiye avek son kaba ek son soulye tiktok

Bokou plis riban kouler pou dekor li

Ozordi, nou pe met son bann souvenir dan capsule

2050 ler mon pu vin la, mon pou nepli kapab dir capsule

Mon pou dir... zot way be ouver sa kapsil.....



Mersi



# COMMUNITY INSIGHTS

## Advancing Women's Health: The Shift to Liquid Based Cytology (LBC) and HR-HPV DNA screening

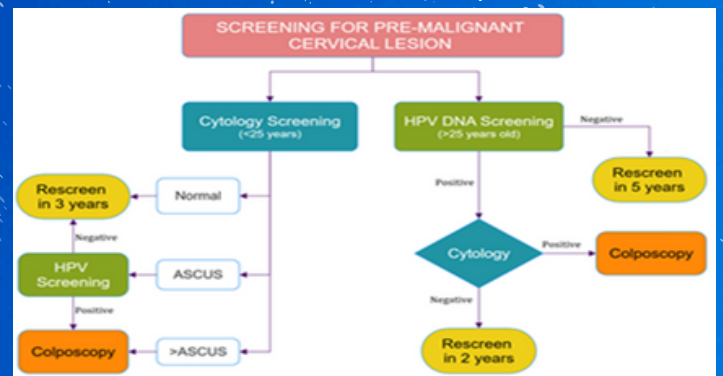
Contributed by: Ms. Elaine Monchouguy, Biomedical Laboratory Technologist (HPC22/0905) & Mrs. Joanne Michel, Biomedical Scientist (HPC14/0341)

Cervical cancer remains a significant public health concern. It is currently the third most common cancer among women in Seychelles. Between 2018 and 2022, 70 new cases were recorded, highlighting the need for more effective prevention and early detection strategies.

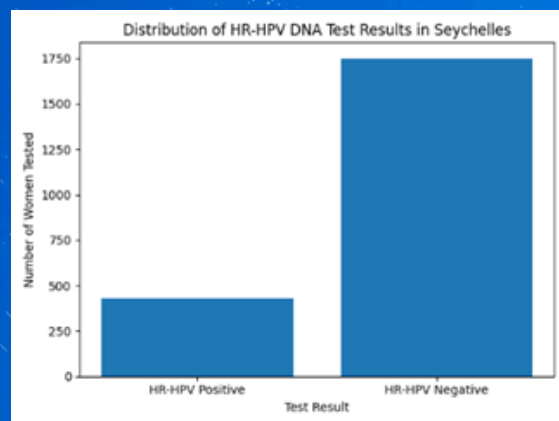
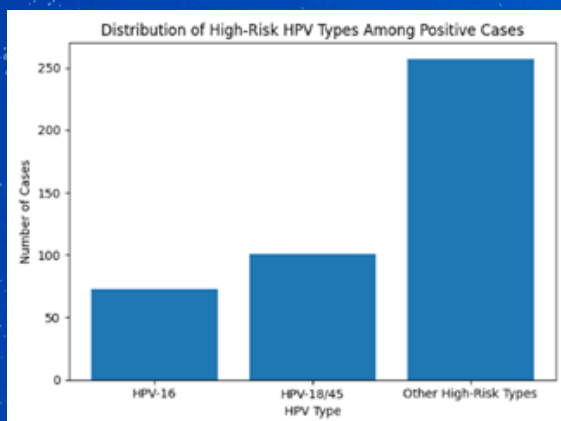
One of these strategies was to relook at the current screening program and align it with the World Health Organization's (WHO) Global Strategy to Eliminate Cervical Cancer. Screening for early changes to the cells in the cervix detects precancerous changes and early-stage disease before they progress to invasive cancer. Early detection significantly improves treatment outcomes and reduces cancer-related morbidity and mortality. The WHO's 2021 guidelines for the screening and treatment of cervical pre-cancer lesions recommend Human Papillomavirus (HPV) DNA testing as the primary screening method for women aged 25 years and above. HPV DNA testing enables the detection of high-risk infections at an earlier stage, allowing timely follow-up, treatment, and prevention of cervical cancer.

Almost all cervical cancer cases (99%) are linked to infection with High-Risk Human Papillomavirus (HR-HPV), an extremely common virus transmitted through sexual contact. Persistent infection with HR-HPV, particularly 16, 18, and 45, is a primary risk factor for the development and progression of cervical pre-cancers and invasive cancer. These types are less likely to clear spontaneously. Therefore, with the aim to align Seychelles with WHO's strategy towards elimination of cervical cancer, the Clinical Laboratory in partnership with the Sexual and Reproductive Health Program in Health Care Agency (HCA) transitioned from conventional Pap smear to HR-HPV DNA screening combined with Liquid-Based Cytology (LBC).

When a woman does her screening now, cervical cells are collected with a brush and are preserved in a liquid medium, improving sample quality. Both cytology screening (visualizing cells under the microscope) and HR-HPV DNA testing can be done from this single sample. This combined approach is superior to cytology alone and forms the basis of Seychelles' updated cervical cancer screening algorithm. As detailed in the algorithm below, testing for HR-HPV is the primary test for screening for women over 25 years. Cytology using LBC is done if the sample is positive for HPV. If negative, there is no need for screening under the microscope.



Since the implementation of HR-HPV DNA testing in June 2025, a total of 2,181 tests have been performed up to now. Of these, 431 women (19.8%) tested positive for HR-HPV types. HPV16 was detected in 73 cases, and HPV18 & 45 in 101 cases. The remaining 257 positive results were attributed to other HR-HPV types. Refer to graphs below.



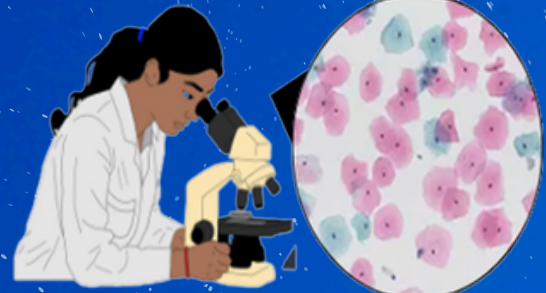


For women under 25 years of age, cytology remains the primary screening method. HPV DNA testing in this age group is reserved for cases when abnormal findings during cytology screening is seen. Routine HPV testing is not recommended for younger women, as HPV infections are highly prevalent and typically transient, with most resolving without clinical intervention. Routine testing would lead to unnecessary follow-up procedures and potential harm without improving health outcomes.

The transition to LBC combined with HR-HPV DNA testing marks a significant step forward in cervical cancer prevention in Seychelles. By aligning national screening practices with international evidence-based guidelines, Seychelles is strengthening early detection, improving the quality of care for women, and advancing toward the long-term goal of eliminating cervical cancer as a public health threat. The Clinical Laboratory is proud to be a leader in this important milestone.



HPV DNA Testing



Cytology screening

## World of Work Talk (WOWT) Session 2025

*Contributed by: Ms. Laetitia Adrienne, Speech Pathologist (HPC19/0688) & Mrs. Jeanne Fanny-Al-Abdulla, Biomedical Laboratory Technologist (HPC14/0033)*

On Monday, 1st December 2025, the Health Professionals Council (HPC) was invited to deliver a presentation in the World of Work Talk (WOWT) sessions organized by National Institute of Health and Social Studies (NIHSS) for its final year students, as they prepare to enter the world of work. HPC was represented by two of its board members, Mrs. Jeanne Fanny-Al-Abdulla and Ms. Laetitia Adrienne.

HPC's task was to inform the students about the Council's role and mandate, processes of registration as first-time registrants, as well as the eventual renewal process and continuous professional development that is expected of them as Allied Health Professionals.

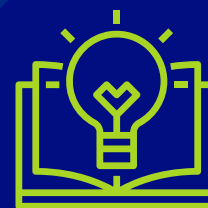
There was active participation from the students who were eager to learn about the Council that will regulate them as professionals and their new responsibilities.

This year, a group of twelve Biomedical Laboratory Technicians and seven Nutrition Technicians will be graduating for the cohort 2025. HPC wishes to congratulate all the students on their achievement and best of luck to them as they start a new journey as Allied Health Professionals.



## EDUCATION AND TRAINING COMMITTEE

**Headed by:** Mrs. Cynthia Low-Fock  
**Vice-Head:** Mrs. Jeanne Fanny-Al-Abdulla  
**Members:** Mrs. Marie-Antoine Bethew, Mrs. Jovana Jean, Dr. Cynthia Noshir, Mr. Timothe Sinon, Mr. Bertrand Bailey



### Education and Training (E&T) Committee Review for 2025

*Contributed by: Mrs. Cynthia Low-Fock, Head of E&T (HPC14/0127)*

The Education and training committee was very active in 2025. Registrants over Mahé and Praslin had the chance to participate in various activities conducted by the committee. The Continuous Professional Development provided registrants with skills that equipped and tailored a shift for mindset change in the work place. There were two CPDs conducted:

- On Mahé, 37 registrants attended a fruitful, eye-opening, motivating and refreshing 'Mindset Training' at The Guy Morel Institute (TGMI) conducted by HPC's very own Mr. Timothe Sinon from the 21st to 22nd August 2025
- On 29th August Mr. Jimmy Petrouse conducted a session with title "Elevating practice: Fostering Responsibility and Purpose" on Praslin for the Praslin and La digue registrants

The official launching of the World Continuing Education Alliance (WCEA) was another highlight of the Education and Training committee on the 5th September 2025, at the Sheikh Khalifa Conference room. This is a new tool that is shaping CPDs for registrants. We are anticipating that in 2026, the platform will get more visibility and that more registrants will make productive use of this opportunity.

This year's educational meeting on Mahé, conducted on 7th November 2025 at the STC conference room, brought together around 70 Allied Health Professionals (AHPs) and partners from across the country to explore their vital contributions to the three transformative shifts shaping modern healthcare:

1. **Hospital to Community** – Bringing care closer to home and empowering community-based services
2. **Treatment to Prevention** – Promoting proactive, preventive health approaches that improve population well-being
3. **Analogue to Digital** – Embracing technology and innovation to enhance service delivery and patient outcomes

The series of presentations came from different professionals including AHPs, nurses and representatives from the Department of ICT (DICT). Similarly, Praslin registrants also had the chance to voice their participation and challenges faced by the 3 shifts on the 14th September at the Le Duc de Praslin lounge. A total of 15 participants and the presenters from Mahé attended. During both educational session, reflections into current practice, good practices, challenges faced and the way forward was discussed for all three shifts. Valuable points that will help HPC in developing useful strategic intent and objectives for the action plan for the years to come.

## LEGAL, MONITORING & ENFORCEMENT COMMITTEE

**Headed by:** Mrs. Jeanné Fanny-Al-Abdulla

**Vice-Head:** Mr. Christopher Barallon

**Members:** Mr. Bertrand Bailey, Ms. Cynthia Low-Fock, Ms. Esther Francourt, Mrs. Jovana Jean, Ms. Laetitia Adrienne, Mr. Morison Julie, Mr. Thed Albert, Mrs. Zarine Durup



### Legal, Monitoring, and Enforcement (LME) Committee Review for 2025

*Contributed by: Mrs. Jeanne Fanny-Al-Abdulla, Head of LME (HPC14/0033)*

The new committee for the next two years (2025–2026) has as its members Jeanne Fanny-Al-Abdulla (Head of LME), Christopher Barallon (Vice-Head), Morison Julie, Cynthia Sanders, Laetitia Adrienne, Dr. Cynthia Noshir, Thed Albert, Jovana Jean, Esther Francourt, Zarine Durup, and Bertrand Bailey.

This year, we concentrated on Monitoring visits for Allied Health Professionals within the Ministry of Health with some services completed, such as the Seychelles Public Health Laboratory and Physiotherapy. The team also went to Baie Ste Anne Praslin Hospital and Grand Anse Praslin Health Centre. The visit not only permitted the LME committee to perform its monitoring role, but also gave members the opportunity to interact with registrants on the islands. The plan for next year is to continue with other departments at Seychelles Hospital, the Health Centres on Mahé, and the hospital on La Digue—so be prepared and watch out for our LME team.

The team is therefore calling on all registrants to ensure that they hold a valid registration, which is of paramount importance for their scope of practice, and always have your identification badges at hand. Additionally, as per the previous visits done thus far, we will still be collecting additional information to ensure an updated register of applicants, practices, and establishments. As such, we call on all our registrants to ensure that they are all practicing effectively and lawfully within your scope of practice.

It was also our pleasure to meet with the outgoing NIHSS Allied Health Learners. With a last call, we urged all eligible registrants that have successfully completed their studies at NIHSS to please complete their registration in a timely manner prior to applying for their job. I take this opportunity to wish the 7 Nutrition Technicians and the 12 Biomedical Laboratory Technicians success in their future endeavors. As new registrants, it is of paramount importance that they have exemplary conduct and performance to ensure protection of the public remains one of the key priorities of the Council.

The LME team also wishes all our registrants a prosperous New Year 2026. Let us keep working together to support the work and mandate of the HPC.

## EDITORIAL & PUBLIC RELATIONS COMMITTEE

**Headed by:** Mr. Christopher Barallon  
**Vice-Head:** Mr. Thed Albert  
**Members:** Ms. Esther Francourt, Ms. Laetitia Adrienne, Mrs. Marie-Antoine Bethew, Mr. Morison Julie, Mrs. Zarine Durup



### Editorial & Public Relations (E&PR) Committee 2025 Wrapped

*Contributed by: Mr. Christopher Barallon, Head of E&PR (HPC24/1006)*

The Editorial and Public Relations (E&PR) committee remained actively engaged throughout 2025, focusing on strengthening communication, visibility, and engagement between the Health Professionals Council (HPC), its registrants, and the wider public.

A key priority this year was the maintenance and strengthening of existing communication initiatives. Four editions of the HPC Newsletter, including this issue, were successfully released during the year. The HPC website was actively updated with relevant news, CPD information, and resources, alongside improvements to navigation on key pages, such as CPD, WCEA, and Access to Information. The website also passed the annual audit by the Information Commission, with recommendations identified for implementation in 2026.

Social media engagement remained a central focus throughout the year. The HPC Facebook page was consistently updated with events, notices, and CPD activities, supported by a refreshed visual identity to improve consistency across platforms. To further increase visibility, the committee expanded HPC's digital presence to LinkedIn and Instagram, resulting in increased reach and engagement through cross-posting.

One of the highlights of the year was the launch of the original short video series, 'Voices of Allied Health', in recognition of 'Allied Health Professions' Day, providing a platform to showcase the diversity and impact of allied health professions. We look forward to launching more of these initiatives next year. Live streaming of selected CPD sessions also saw improved engagement, reinforcing the value of accessible digital communication.

As we look ahead to 2026, the E&PR committee encourages greater involvement from registrants. We invite registrants to contribute articles, share professional insights, highlight good practice, and participate in our digital and media initiatives. Your experiences and perspectives are vital in strengthening your respective professions, promoting best practice, and ensuring the collective voice of Allied Health Professionals is well represented.

We look forward to working closely with registrants in the coming year to further enhance communication, visibility, and engagement across allied health professions, and we wish everyone a Happy New Year.

## CHAIRPERSON'S MESSAGE

As we come to the end of the year, I would like to wish you all a happy and prosperous New Year 2026.

On behalf of the HPC board, I sincerely thank all our registrants and partners for your continued support throughout the year and for your valuable contributions in many ways. Your commitment and collaboration have been vital to the progress we have made together.

As Allied Health Professionals, we remain a crucial pillar within our communities. With this responsibility comes the shared duty to remain updated, competent, and fit for practice—not only for the benefit of our clients, but also to ensure the highest possible standards of service delivery. This is achieved through working closely together, holding one another accountable, and committing ourselves to continuous professional development.

I also encourage all professionals to maintain high work ethics in 2026, while equally prioritising a healthy work-life balance. Taking care of your mental health is essential. Please remember that it is okay to seek support, guidance, or simply someone to talk to when things feel overwhelming. As professionals and colleagues, we can and should support one another.

As Allied Health Professionals, we have so much more to offer across our various sectors. Let us continue to be innovative, creative, and forward-thinking. I encourage everyone to embrace the digitalisation era, as this will help us stay connected, improve efficiency, and enhance our daily practice.

Together, let us continue to grow, support one another, and strengthen our professions in the year ahead.

Thank you, and best wishes for a successful and fulfilling New Year.



**GOD BLESS YOU ALL. HAPPY NEW YEAR.**

